

FRCS Digest

Issue #01 / 2022

Short Reads on our Latest Activities

Hello and welcome to the first of FRCS's quarterly newsletters!

Get updated on our recent and upcoming programmes at the Eldercare and Caregivers Centre (ECC), Family Service Centre (FSC) and fellowship activities.



ECC ACTIVITIES



[READ MORE](#)

ECC @ Bukit Gombak Art Experience

ECC had been invited to the 'Bukit Gombak Art Experience' event at Hillview Community Centre on 24th September 2022. We facilitated a koi painting activity and displayed a wall exhibition of 110 koi.



[READ MORE](#)

Mid Autumn @ ECC

Jointly organised with the Rotary Club of Bukit Timah, our ECC members, Rotarians and volunteers got together for an enjoyable afternoon of lantern painting, mooncake making, and riddle guessing.

ECC ACTIVITIES (continued)



[READ MORE](#)

ECC Frailty Assessment

Our ECC members had their first frailty assessment for the Share-a-Pot programme. Staff and volunteers from ECC and Khoo Teck Puat hospital ensured a smooth flow through the 6 stations.

FUNDRAISING ACTIVITIES



[READ MORE](#)

Charity Film: Ticket to Paradise

Organised by the Rotary E-Club of 3310 in aid of the ECC, we held our first charity movie screening of 'Ticket to Paradise' since the pandemic and we are happy to say that it was a major success! Everyone had a great time and the movie was well received.



[READ MORE](#)

Spirit of Giving

The Whisky Cask Project was organised by the FRCS House and Fundraising committees, and supported by a generous donation from PDG Rajamohan Munisamy & Leonica Brocal. The project was successfully concluded exceeding our initial targets. A big **thank you** to our donors for their generous contributions.

FSC PROGRAMMES



FSC: Parent–Child Link

Parent–Child Link is a focused intervention programme by FRCS FSC. This programme targets vulnerable families with preschoolers by supporting parents in getting their children ready for school while strengthening parent–child relationships.

[READ MORE](#)

FACILITIES RENTAL



FRCS Facilities Rental

FRCS meeting facilities are open for use **free of charge** to all Rotary Clubs in Singapore. It is great to note that we are experiencing increased demand in recent months. Please check with us on availability and make your firmed reservations in advance.

[VIEW ROOMS](#)

Upcoming Activities

Activities for ECC seniors & caregivers

- 31 Oct '22** Music Performance by Trigger fins
- 2 Nov '22** Pop-up Greeting Card Workshop by Tham Eemei
- 5 Nov '22** RC Sentosa's Floral Arrangement Class
- 9 Nov '22** RC Sentosa's Chinese Calligraphy Class
- 18 Nov '22** Music Performance by Teng Company
- 30 Nov '22** Eye Health Talk
- 7 Dec '22** RC Marina City's Wellness Day

Fundraising Projects

- Nov '22 – Jan '23** Calendar 2023 Project
- 9 Feb '23** RC Raffles City Charity Film Screening
- 24 Feb '23** SSO-FRCS Joint Fundraising Concert



FB | IG | LinkedIn
frcsingapore



Website
frcs.sg



Phone
+65 6256 1983



Email
foundation@frcs.sg