

Foundation of Rotary Clubs Singapore

Annual Report 2021-22

About Foundation of Rotary Clubs Singapore

The Foundation of Rotary Clubs (Singapore) Ltd (FRCS) (UEN:199300813R) unites the 23 Rotary Clubs in Singapore. It is the charity arm of Rotary in Singapore, handling transactions, collaborations and coordination for the Rotary Clubs and Institutes under its umbrella. FRCS is recognised as an Institution of Public Character (IPC) since 15 July 1994 and is a member of the National Council of Social Service (NCSS).

Our Mission

To unite, synergize and collaborate with Rotary Clubs to carry out humanitarian activities and projects.

Our Vision

To be a leading charity and service organization in Singapore, working with the Rotary movement to impact the community in Singapore and beyond.



Foundation of Rotary Clubs Singapore

FRCS Family Service Centre | FRCS Eldercare and Caregivers Centre | FRCS Learning Centre

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Scan to Donate

Log in to your banking app and scan the QR code to donate to the Foundation of Rotary Clubs (Singapore) Ltd (UEN: 199300813R).

Enter your NRIC for amounts above \$100 if you wish to have tax deduction.

General Information

Registered Address

III North Bridge Road #06-33 Peninsula Plaza, Singapore 179098

Date of Incorporation

FRCS was incorporated on 12 February 1993 as a company without share capital but limited by guarantee.

Funding and Support

FRCS is funded and supported by Rotary Clubs through fundraising projects, well-wishers, SG50 Care and Share Movement, Voluntary Welfare Organisations' Charities Capability Fund (VCF) and Tech-And-GO! administered by NCSS, Tote Board and Bicentennial Fund by the Ministry of Culture, Community and Youth.

Company Secretary

Mr Eugene Yio Gateway 21 Pte Ltd 140 Paya Lebar Road #09-21 AZ @ Paya Lebar, Singapore 409015

Internal Auditors

The last internal audit was conducted by Shared Services for Charities Ltd, with an independent review, submitted to the Board in FY2016/17.

Auditors

RSM Chio Lim LLP 8 Wilkie Road #03-08 Wilkie Edge, Singapore 228095

Bankers

- DBS Bank Ltd 12 Marina Boulevard Marina Bay Financial Centre Tower 3 Singapore 018982
- CIMB Bank Berhad 50 Raffles Place #09-01 Singapore Land Tower Singapore 048623
- Hong Leong Finance 16 Raffles Quay #01 -05 Hong Leong Building Singapore 048581

Panel of Legal Advisors

Legal Advisors

- Mr Jeffrey Chan, S.C.
- Mr Louis Lim, BBM

Advisor

• Mr Thomas Tan

Membership

The members of FRCS are the 23 Rotary Clubs in Singapore:

Rotary Club of Bugis Junction Rotary Club of Bukit Timah Rotary Club of Changi Rotary Club of E-Club of 3310 Rotary Club of Garden City Rotary Club of Jurong Town Rotary Club of Kampong Gelam Rotary Club of Marina City Rotary Club of Mount Sophia Rotary Club of Novena Rotary Club of Pandan Valley Rotary Club of Queenstown Rotary Club of Raffles City Rotary Club of Sentosa Rotary Club of Shenton Rotary Club of Singapore Rotary Club of Singapore East Rotary Club of Singapore Heartlands Rotary Club of Singapore North Rotary Club of Singapore West Rotary Club of Suntec City Rotary Club of Tanglin

Rotary Club of Tanjong Pagar

Chairman's Message

Dear Members,

I am delighted to share with you the Foundation of Rotary Clubs Singapore's (FRCS) 21/22 Annual Report. It has been a year of new possibilities. Thanks to the relaxation of Covid-19 restrictions and collective perseverance, the Foundation was able to hold a few noteworthy events.

Our first major event after the ease of restrictions is the inaugural joint fundraising concert with the Singapore Symphony Orchestra. It was a celebration of World Peace and Understanding together with my fellow Rotarians. I would like to give my sincere thanks to our donors for their generous contributions, and to the organising committee and staff who worked tirelessly to make this possible. Following the great success of our first partnership, I am looking forward to more collaborations with SSO in the upcoming years.

Secondly, the FRCS Eldercare and Caregivers Centre (ECC) had a successful grand opening on 25 June 2022, and the occasion was graced by Guest-of-Honour Mayor Low Yen Ling. My heartfelt appreciation to Mr Yeo Chuen Eng (Chairman, ECC) for spearheading this much-needed effort to benefit the elderly and caregivers, and Mr Daryl Toh (Centre Manager, ECC) for curating and driving the programmes for the members. I want to express my sincere gratitude to all of the donors who contributed to this Centre; Without you, we would not have been able to bring this project to fruition.

Lastly, the Marketing and Communications committee did an outstanding job creating a new corporate website for FRCS. The website is intended to be user-friendly and accessible, with an emphasis on providing information that is relevant and appealing to current and potential donors. This is an important step in our marketing strategy to build awareness of our work in the community. I am grateful to the committee and staff for their efforts in creating this valuable resource for FRCS.

We were able to achieve these milestones thanks to all our donors, members, staff, volunteers, Singapore Rotarians, and everyone who contributed to the growth of FRCS. Once again, thank you all for the fantastic year and I am looking forward to everyone's continued support in the upcoming year.

Chew Ghim Bok JP, BBM Chairman Foundation of Rotary Clubs (Singapore) Ltd





Board of Directors



Mr Chew Ghim Bok Chairman

Chairman Vice-Chairman Re-elected Re-elected Re-elected Re-elected Elected 23 Nov 2021 20 Mar 2014 - 23 Nov 2021 23 Nov 2021 26 Nov 2019 28 Nov 2017 25 Mar 2015 1 Jul 2013



Mr Henry Tan Vice-Chairman Governance, Strategic Direction & Planning Chairman

Re-elected Elected Appointed Elected 23 Nov 2021 26 Nov 2019 31 Mar 2015 12 Dec 2013 Ghim Bok is a serial entrepreneur and has nearly 40 years of wide and diverse business experience ranging from IT to fund management and food processing. He is semi-retired and his remaining business interest is investment.

Ghim Bok has been a Rotarian since 1996. He has served as Club President and District Governor for District 3310. He had also served in various zone positions. He was the Zone Institute Chair Committee for 2020 and 2021. He has been elected to serve as Rotary International Director 2023-25. For his contribution to Rotary and the World community, he was bestowed with the Rotary Service above Self Award in 2017. He is the Host Organising Committee Chair for 2024 Singapore Rotary International Convention.

Besides Rotary, Ghim Bok is an active local volunteer. He has served nearly 30 years in grassroot and charity organisations. For his contributions to the local communities, Ghim Bok was awarded the Public Service Award Medal, and Public Service Star Medal, by the President of Republic of Singapore in 2005 and 2012 respectively. In 2015 he was appointed as the Justice of the Peace by the President of the Republic of Singapore. In 2021, he was appointed the Honorary Counsel for the Republic of Slovakia in Singapore.

Mr Henry Tan is a Businessman with Alpha-Health (Asia) Pte Ltd. He has been actively involved in community service, charities and grassroots activities with over 40 years of experience and participation. He is a Justice of the Peace (Rtd), and in this capacity, continues to serve official duties and work as in the past. He is also a Past District Governor of Rotary District 3310 in 2018-2019, and a Past President of the Rotary Club of Singapore West. He is currently a Council member of the Singapore Manufacturing Federation, Chairman, Medtech Industry Group (MTIG) and Chairman, Ethics and Corporate Governance Committee.



Mr Wong Kwai Wah Honorary Secretary

Honorary Secretary Re-elected Re-elected Elected

7 Dec 2018 23 Nov 2021 26 Nov 2019 28 Nov 2017 Mr Wong Kwai Wah is a Consultant at Management Wise. He has many years of experience working with charities and serving on the Board of Director. He has been involved actively with Rotary District 3310 and is involved in planning Rotary International -Singapore Rotary Institute and the coming Rotary International Conference - 2024. He is a Past President and an active member of the Rotary Club of Changi.



Ms Katherine See Mee Lee Honorary Treasurer

(Resigned on 12 Mar 2021 and Co-opted on 23 Jul 2021)

Co-opted Re-elected Elected

23 Jul 2021 Honorary Treasurer 7 Dec 2018 - 12 Mar 2021 24 Nov 2020 4 Dec 2018

Ms Katherine See is an Accountant at SeeSalt Corporate Services Pte Ltd and has over 14 years of experience in the finance industry. She ran an accounting and corporate secretarial firm for 10 years. Prior to that, she had 8 years of experience in the service sector. She is a member of the Rotary Club of Singapore.



Dr Gong Ing San Fundraising Committee Chairman

Re-elected Honorary Secretary Re-elected Director Elected

24 Nov 2020 28 Nov 2017 - 4 Dec 2018 4 Dec 2018 24 Nov 2016

Dr Gong is a practising General Surgeon at Gleneagles Hospital and a member of the Liver Transplant Team with the Asian American Liver Centre. He has more than 30 years of experience working with charities and is a Past President and charter member of Rotary Club of Changi.



Mr Roger Ng Hung Koon FRCS House Committee Chairman

 Co-opted
 22 Dec 2020

 Co-opted
 28 Aug 2018

Mr Ng is the business owner and Managing Director of Emtech Wellness International. He has over 20 years of experience working with charities and has been a Rotary Club member for 23 years. He is a Past Assistant Governor of Rotary international District 3310, Past President of Rotary Club of Bugis Junction and is currently serving as End Polio chair for District 3310, and Paul Harris coordinator.



Mr Yeo Chuen Eng

FRCS Family Service Centre (FRCS FSC) Management Committee Chairman

FRCS Eldercare and Caregivers Centre (FRCS ECC) Project Committee Chairman

Co-optedI Aug 2016(M&A provides that Chairman of Family Service Centre
shall be co-opted as Director of FRCS Board)

Mr Yeo Chuen Eng is a Retired Private Banker from Standard Chartered Bank Ltd. He is serving as a Council Member at Singapore Cancer Society and Society for the Aged Sick. He has more than 16 years of experience working with charities and is a Past President and member of the Rotary Club of Singapore West.



Mr Edmund Chew Special Projects Committee Chairman

Co-opted Co-opted 18 Jul 2019 22 Dec 2020

Mr Chew is the Founder and Chief Executive Officer of Astrans (S) Pte Ltd, since 1994. He is serving as an international member of Disaster Aids International and has over 25 years of experience working with charities. He is a Past President and charter member of the Rotary Club of E-Club of 3310.



Mr Jimmy Cheong is a Director at Kum Chee Engineering Works Pte Ltd. He has been an active member of the Rotary Club Of Changi since 2015 and was the Club President for RY 2019-20 and the Assistant Governor for RY 2021-22. He is currently a level 3 major donor and a benefactor of the endowment fund of Rotary international.



Mr Heinrich Grafe Marketing & Communications Chairman

Co-opted

22 Dec 2020

Mr Heinrich Grafe is a Retired Hotelier. He has worked in the Hospitality industry for most of his life. His last posting was in Singapore as General Manager of the Conrad Centennial Hotel from April 1998 until February 2020, with three years of secondment to the Conrad Hotel in Tokyo. He has been on the Board of SSO for 13 years and is now a new member of the SSO Counsel. Heinrich has been an active Member of the Rotary Club of Marina City since 1998, close to 24 years. He has held various service positions and served the Club as President for RY 2020-21 and 2021-22. Prior to this, he was a Member of the Rotary Club in Guam (USA) from 1986 - 1987.

Retired during the year



Mr Troy Engle Youth Committee Chairman

Elected Co-opted Resigned 4 Dec 2018 22 Dec 2020 9 March 2022

Mr Troy Engle is the Senior Director of Coaching and Athlete Development at Sport Singapore. He was a team coach for the US Olympic and Paralympic athletics team and has decades of experience working with youths. He is the Past President of the Rotary Club of Singapore North.



Mr Jimmy Ooi Archive & Funds Administration Committee

Co-opted	20 Feb 2019
Co-opted	22 Dec 2020
Resigned	17 Aug 2021

Mr Ooi is a travel management consultant. He has been with the Rotary family since 1976 as an Interactor, Rotaractor and Rotarian. He has over 40 years of experience working with charities and have helped develop several regional charities for humanitarian aid. He is an Assistant Governor of Rotary International District 3310, Chairman of the Rotary Cotton On Youth Fund and a member of Rotary Club of Singapore.



Dr Philbert Chin Soon Siang Chairman

Chairman Elected Chairman Resigned Elected Elected 26 Nov 2019 - 29 Sep 2021 4 Dec 2018 3 Sep 2018 28 Nov 2017 25 Mar 2015

Dr Chin has over 40 years of experience working with charities. He is the founder of "RSVP Singapore, The Organisation of Senior Volunteers' where he served as the President until his retirement. Dr Chin was a board member of the NCSS Board for 6 years. In addition, he served 6 years in the Samaritans of Singapore Board and 2 years as a member of The National Volunteer & Philanthropy Centre. He is a Past District Governor of Rotary International District 3310 and a member of the Rotary Club of Singapore.

Alternate Directors



Dr Yap Lip Kee Fundraising Committee Alt Director

Dr Yap Lip Kee has been a Rotarian for 24 years, served on the Board of Directors of FRCS for 10 years and Chairman of the Fund Raising Committee for 3 years. He has been active in Disaster Relief and International Service for both Club and District. He is Rotary International District 3310 's District Governor Nominee Designate ie. District Governor 2024/25. He is a member of the Rotary Club of Singapore.



Ms Henny Goh Special Projects Committee Alt Director

Ms Henny Goh has been a Rotarian for over 26 years and has taken on numerous projects. Being a part of FRCS has enabled her to take up new challenges to help our community. In her book, 'A Life Compass for Success', she shares her inspired experiences with youths. She is currently serving as a committee member of Society of Starfish Singapore (SSS), a beneficiary of FRCS. SSS provides out-of-school youths a second chance to pursue their education under the Project Starfish programme. She is a member of the Rotary Club of Bukit Timah.



Ms Elsie Chua Marketing & Communications Alt Director

Ms Elsie Chua has been a Rotarian at the Rotary Club of Pandan Valley since 2010 and is currently an Assistant Rotary Public Image Co-ordinator at Zonal Level and District Chair for Communications at Rotary International. She held leadership roles from small, medium to large corporations prior to her retirement as the Chief Marketing Officer at Singapore Press Holdings.

Elsie brings with her over 35 years of business, marketing and brand management experience. She led numerous change management projects to transform organisations and people to be future ready in the digital economy, setting up new systems for customer relationship management, operations, e-learning and front end web services.

Audit Chair, Advisor



Mr Ronald Wong Audit Chair

Mr Ronald Wong graduated from the University of Melbourne with a Bachelor of Commerce and is an accountant by profession. He is a Chartered Accountant with the Institute of Singapore Chartered Accountants (ISCA), and Chartered Accountants Australia and New Zealand (CA ANZ). He is also a Certified Practising Accountant with CPA Australia. Ronald is a partner with Ernst & Young and he leads the Singapore Financial Accounting Advisory Services (FAAS) team. He is a member of the Rotary Club of Singapore.



Mr Thomas Tan Advisor

Mr Thomas Tan was an Air Traffic Control Officer in the RSAF before starting Alarm Supply Pte Ltd, a specialist supplier and contractor for fire alarm equipment and systems, in 1982. Thomas had been involved in community service in grassroots organisations for about 20 years till 2011, when he was appointed a Patron of The Serangoon. He had served as President of the Serangoon Gardens Country Club (SGCC) from 1998 – 2002 and 2006 – 2010. In 2021, Thomas was appointed a Trustee of SGCC. He had also served as Chairman of the Catholic Welfare Services, an "Advanced Tier Charity", from 2013 – 2019. He is a member of the Rotary Club of Changi.

Legal Advisors



Mr Jeffrey Chan Wah Teck, S.C. Legal Advisor

Mr Jeffrey Chan joined the Rotary Club of Raffles City in 1990. He read law in the University of Singapore on a President's Scholarship graduating in 1973 as the Gold Medallist of his class.

He subsequently obtained his LL.M from Harvard University, and completed his Advanced Management Programme at Wharton Business School. He was for 46 years with Singapore Legal Service where he held a wide range of appointments. He retired in 2018 and is presently an Adjunct Professor in the Faculty of Law of the National University of Singapore as well as the Senior Director of TSMP Law Corporation. His present legal practice covers a wide range of matters including arbitration, commercial law, company law and criminal law.

He is a Senior Mediator of the Singapore Mediation Centre as well as a Fellow of both the Chartered Institute of Arbitrators as well as the Singapore Institute of Arbitrators. He has held many different positions in his Rotary Club as well as in the District and is presently the Hon. Legal Counsel to the Federation of Rotary Clubs (Singapore).



Mr Louis Lim Legal Advisor

Mr Louis Lim graduated from the University of London with LLB (Hons) in 1996 and was admitted to the Bar of the Supreme Court of Singapore in 1998. He was awarded the Public Service Medal (PBM) in August 2006 by the President of the Republic of Singapore President S. R. Nathan, and the Public Service Star (BBM) in August 2019 by the President of the Republic of Singapore President Halimah Yacob. He has been a member of the Rotary Club of Singapore since 2011 and is the President of the club for the year 2021/2022.

Management Staff



FRCS Secretariat

Mr Lai Bou Leong Executive Director Appointed 13 June 2022 Bou Leong is a Past President at the Rotary Club of Singapore West where he is a member since September 1994. He has held several District appointments in the past, including the office of District General Secretary for Rotary Year 2018-19. He has also served at FRCS in the Strategic Planning and Eldercare & Caregivers Centre Project committees. Bou Leong brings with him 35 years of commercial experience in Sales and Business Development leadership in the Healthcare and Life Sciences Industry covering the Asia Pacific region.



FRCS Family Service Centre

Mr Amran Jamil Executive Director Appointed 26 May 2014 As a trained social worker, Mr Amran has over 20 years of clinical experience working on various concerns from youth delinquency to minor marriages and family violence. He has been spending the last 15 years leading social service practitioners in delivering casework and programmes for multi-stressed individuals and families as well as partnering stakeholders to support needs of vulnerable groups in the community.



Appointed 12 July 20

Daryl started his early career in SAF. After serving 18 years in SAF with his last 9 years in the submarine unit, he opted for a career switch to explore community services. Thereafter he took over a role to oversee a 180 bedded nursing home, with a co-located Day Dementia Centre and a Day Rehabilitation Centre. During his 12 years in this nursing home, he led his team to collaborate with various community partners. He also spearheaded numerous projects that span across emotional support, end-of-life matters, behaviour change models. He is an advocate for vulnerable individuals and people with disabilities.

Board Meetings and Attendance

FRCS is governed by a Board, which is a governing body responsible for overseeing and managing the organisation. The Executive Committee supervises the day to day operations and decisions are reported to the Board.

The Board Members are qualified individuals with different backgrounds and specialisations, collectively bringing various expertise to the Board. The Chairman is elected by FRCS's members during the AGM. The Vice Chairman, Secretary and Treasurer are elected by the Board Members. Board members serve on a voluntary basis and are not remunerated for their services. There is no staff on the current Board.

A total of 7 Board meetings were held during the financial year. The following sets out the individual Board member's attendance at the meetings:

Name	Attendance
Chew Ghim Bok	7/7
Dr Philbert Chin Soon Siang*	1/1
Henry Tan Kok Hiang	6/7
Wong Kwai Wah	7/7
Katherine See Mee Lee	7/7
Jimmy Cheong Kok Cheong	3/7
Edmund Chew Tee Khiang	4/7
Troy Hembrow Engle^	4/5
Dr Gong Ing San	7/7
Heinrich Grafe	6/7
Roger Ng Hung Koon	7/7
Jimmy Ooi ⁺	171
Yeo Chuen Eng	7/7

* Resigned in Sept 2021

^ Resigned in March 2022

+ Resigned in Aug 2021

Management Committees

Executive Committee

Name	Designation
Mr Chew Ghim Bok	Chairman
Mr Henry Tan	Vice-Chairman
Ms Katherine See Mee Lee	Honorary Treasurer
Mr Wong Kwai Wah	Honorary Secretary
Dr Gong Ing San	Member

Fundraising Committee

Name	Designation
Dr Gong Ing San	Chairman
Dr Yap Lip Kee	Vice-Chairman
Mr Chew Phak Heng	Member
Mr Richard Ong	Member
Ms Jona Pang	Member
Mr Brian Tan	Member

Fellowship Committee

Name	Designation
Mr Jimmy Cheong	Chairman
Ms Linda Chiang	Member
Ms Bernice Ng	Member
Mr Deepak Nagrani	Member

Marketing & Communications Committee

Name	Designation
Mr Heinrich Grafe	Chairman
Ms Elsie Chua	Vice-Chairman

Special Projects Committee

Name	Designation
Mr Edmund Chew	Chairman
Ms Henny Goh	Vice-Chairman
Ms Joyce Lau	Member

Archives & Funds Admin Committee

Name	Designation
Mr Brian Tan	Chairman
Mr Mansoor Hassanbhai	Vice-Chairman

Human Resource Committee

Name	
Wong Kwai Wah	Chairman
Janice Goh	Member

FRCS House Committee

Name	Designation
Mr Roger Ng	Chairman
Mr Chew Phak Heng	Vice-Chairman
Ms Jona Pang	Honorary Secretary
Ms Linda Tean	Honorary Treasurer
Ms Linda Chiang	Member
Mr Li Guang Sheng	Member
Ms Bernice Ng	Member

Audit Committee

Name	Designation
Mr Ronald Wong	Chairman
Dr Reto Callegari	Member
Mr Chew Phak Heng	Member

Advisors

Name		
Mr Thomas Tan	Advisor	
Mr Jeffrey Chan	Legal Advisor	
Mr Louis Lim	Legal Advisor	

Name	Designation
Mr Yeo Chuen Eng	Chairman
Mr Li Guang Sheng	Vice-Chairman I
Mr Khushroo Dastur	Vice-Chairman II
Ms Lily Lim	Honorary Secretary
Ms Angela Chin	Honorary Treasurer
Ms Linda Auyong	Member
Ms Yeo Lai Man	Member
Mr Rey Zheng Xinhe	Member
Mr Wong Kwai Wah	Principal Advisor

FRCS Family Service Centre Management Committee

FRCS Eldercare and Caregivers Centre Project Committee

Name	Designation
Mr Yeo Chuen Eng	Chairman
Mr Victor Sim	Vice-Chairman
Mr KK Wong	Vice-Chairman
Ms See Mee Lee	Member
Ms Linda Auyong	Member
Mr Joseph Cheong	Member
Mr Chew Loy Cheow	Member
Dr Gong Ing San	Member
Mr Lai Bou Leong	Member
Mr Chew Ghim Bok	Advisor

Corporate Governance

Governance Evaluation Checklist

s/n Code Guideline

Code ID Response

I	Induction and orientation are provided to incoming governing board members upon joining the Board.	1.1.2	Complied
	Are there governing board members holding staff ¹ appointments? (skip items 2 and 3 if "No")		No
2	Staff does not chair the Board and does not comprise more than one third of the Board.	1.1.3	
3	There are written job descriptions for the staff's executive functions and operational duties, which are distinct from the staff's Board role.	1.1.5	
4	The Treasurer of the charity (or any person holding an equivalent position in the charity, e.g. Finance Committee Chairman or a governing board member responsible for overseeing the finances of the charity) can only serve a maximum of 4 consecutive years. If the charity has not appointed any governing board member to oversee its finances, it will be presumed that the Chairman oversees the finances of the charity.	1.1.7	Complied
5	All governing board members must submit themselves for re-nomination and re-appointment , at least once every 3 years.	1.1.8	Complied
5	The Board conducts self evaluation to assess its performance and effectiveness once during its term or every 3 years, whichever is shorter.	1.1.12	Complied
	Is there any governing board member who has served for more than 10 consecutive years? (skip item 7 if "No")		No
7	The charity discloses in its annual report the reasons for retaining the governing board member who has served for more than 10 consecutive years.	1.1.13	
3	There are documented terms of reference for the Board and each of its committees.	1.2.1	Complied

Conf	flict of Interest		
9	There are documented procedures for governing board members and staff to declare actual or potential conflicts of interest to the Board at the earliest opportunity.	2.1	Complied
10	Governing board members do not vote or participate in decision making on matters where they have a conflict of interest.	2.4	Complied
Stra	tegic Planning	1	
П	The Board periodically reviews and approves the strategic plan for the charity to ensure that the charity's activities are in line with the charity's objectives.	3.2.2	Complied
Hum	an Resources and Volunteer ² Management		
12	The Board approves documented human resource policies for staff.	5.1	Complied
13	There is a documented Code of Conduct for governing board members, staff and volunteers (where applicable) which is approved by the Board.	5.3	Complied
4	There are processes for regular supervision, appraisal and professional development of staff.	5.5	Complied
	Are there volunteers serving in the charity? (skip item 15 if "No")		Yes
15	There are volunteer management policies in place for volunteers.	5.7	Complied
Fina	ncial Management and Internal Controls		
16	There is a documented policy to seek the Board's approval for any loans, donations, grants or financial assistance provided by the charity which are not part of the charity's core charitable programmes.	6.1.1	Complied
17	The Board ensures that internal controls for financial matters in key areas are in place with documented procedures.	6.1.2	Complied
18	The Board ensures that reviews on the charity's internal controls, processes, key programmes and events are regularly conducted.	6.1.3	Complied
19	The Board ensures that there is a process to identify, and regularly monitor and review the charity's key risks.	6.1.4	Complied
20	The Board approves an annual budget for the charity's plans and regularly monitors the charity's expenditure.	6.2.1	Complied
	Does the charity invest its reserves (e.g. in fixed deposits)? (skip item 18 if "No")		Yes
21	The charity has a documented investment policy approved by the Board.	6.4.3	Complied

	Did the charity receive cash donations (solicited or unsolicited) during the financial year? (skip item 19 if "No")		Yes
22	All collections received (solicited or unsolicited) are properly accounted for and promptly deposited by the charity.	7.2.2	Complied
	Did the charity receive donations in kind during the financial year? (skip item 20 if "No")		No
23	All donations in kind received are properly recorded and accounted for by the charity.	7.2.3	
Disc	losure and Transparency		
24	The charity discloses in its annual report — (a) the number of Board meetings in the financial year; and (b) the attendance of every governing board member at those meetings.	8.2	Complied
	Are governing board members remunerated for their services to the Board? (skip items 25 and 26 if "No")		No
25	No governing board member is involved in setting his own remuneration.	2.2	
26	The charity discloses the exact remuneration and benefits received by each governing board member in its annual report. OR The charity discloses that no governing board member is remunerated.	8.3	
	Does the charity employ paid staff? (skip items 27, 28 and 29 if "No")		Yes
27	No staff is involved in setting his own remuneration.	2.2	Complied
28	The charity discloses in its annual report — (a) the total annual remuneration for each of its 3 highest paid staff who each has received remuneration (including remuneration received from the charity's subsidiaries) exceeding \$100,000 during the financial year; and (b) whether any of the 3 highest paid staff also serves as a governing board member of the charity. The information relating to the remuneration of the staff must be presented in bands of \$100,000. OR	8.4	Complied
	The charity discloses that none of its paid staff receives more than \$100,000 each in annual remuneration.		

Dise	Disclosure and Transparency (continued)				
29	The charity discloses the number of paid staff who satisfies all of the following criteria: (a) the staff is a close member of the family ³ belonging to the Executive Head ⁴ or a governing board member of the charity; (b) the staff has received remuneration exceeding \$50,000 during the financial				
	year. The information relating to the remuneration of the staff must be presented in	8.5	Complied		
	bands of \$100,000. OR The charity discloses that there is no paid staff, being a close member of the family belonging to the Executive Head or a governing board member of the charity, who has received remuneration exceeding \$50,000 during the financial year.				
Pub	lic Image				
30	The charity has a documented communication policy on the release of information about the charity and its activities across all media platforms.	9.2	Complied		

Notes:

¹ Staff: Paid or unpaid individual who is involved in the day to day operations of the charity, e.g. an Executive Director or administrative personnel.

² Volunteer: A person who willingly serves the charity without expectation of any remuneration.

- ³ Close member of the family: A family member belonging to the Executive Head or a governing board member of a charity
 - (a) who may be expected to influence the Executive Head's or governing board member's (as the case may be) dealings with the charity; or
 - (b) who may be influenced by the Executive Head or governing board member (as the case may be) in the family member's dealings with the charity.

A close member of the family may include the following:

- (a) the child or spouse of the Executive Head or governing board member;
- (b) the stepchild of the Executive Head or governing board member;
- (c) the dependant of the Executive Head or governing board member.
- (d) the dependant of the Executive Head's or governing board member's spouse.

⁴ Executive Head: The most senior staff member in charge of the charity's staff.

Governing Instruments

FRCS has a Memorandum of Association as its governing instrument.

Conflict Of Interest Policy

All Board members and staff are required to comply with the charity's conflict of interest policy.

The Board has put in place documented procedures for Board members and staff to declare actual or potential conflicts of interests on a regular and need-to basis.

Board members also abstain and do not participate in decision-making on matters where they have a conflict of interest.

Whistle-blowing policy

FRCS has in place a whistle-blowing policy to address concerns about possible wrongdoing or improprieties in financial or other matters within the charity.

Staff Remuneration above \$100,000

One staff received remuneration above \$100,000 for the financial year. No staff serve in the Board and FRCS has no paid staff, who are close members of the family of the Executive Head or Board members.

Reserve Policy

FRCS has a reserve policy for long-term stability of the operations and it ensures that there are sufficient resources to support the charity in the event of unforeseen circumstances. FRCS aims to maintain its reserves of up to at least 3 years of its annual operating expenses. The reserve level is reviewed yearly by the Board to ensure that the reserves are adequate to fulfil the charity's continuing obligations.

PDPA Policy

FRCS observes the protection of Personal Information in accordance with applicable data protection laws and regulations. The personal data protection policy ("Personal Data Protection Policy") is a set of internal policies and guidelines designed to ensure that FRCS meets the requirements of the Singapore Personal Data Protection Act (PDPA) and other applicable data protection laws and regulations.

Investment Policy

FRCS does not invest its reserves in any form except through fixed deposits with financial institutions.

Purpose of Restricted Funds

FRCS has disclosed its restricted funds in the Financial Statements, Note 16, page 26. Please refer to the Financial Statements for more information.

Honorary Secretary's Report

1.1 Staffing

With the departure of the General Manager in April 2022, FRCS engaged Mr Lai Bou Leong, as Executive Director of FRCS. He is the Past President of Rotary Club of Singapore West and has served Rotary in many service areas including as District Secretary. Bou Leong comes with a successful track record in establishing distribution channels and direct sales operations in the Healthcare and Life Sciences industry; developing and leading people with a keen eye on achieving profit and growth objectives.

FRCS embarked on a journey towards digitalisation with improved IT Operations and Security and an integrated Accounting, Human Resource, Donor and Volunteer management solution. FRCS hired Ms Florence Lau, Accounts & Administrative Executive in April 2022 to manage the accounting and finance processes and Mr Bernard Poh, IT Support and Fundraising Executive to oversee the systems migration and integration and provide administrative support to the fundraising committee.

1.2 Digitalisation and Implementation of IT System

The project funded by NCSS VCF started with migration of emails to iShine Citrix platform and the Human Resource Management System in April 2022. The migration of the accounting, Donor and Volunteer management system would be implemented towards the later part of the year.

1.3 HealthSafe Pte Ltd

HealthSafe is a social enterprise of FRCS. It is set up to provide automated cleaning and disinfection for patient care equipment. HealthSafe commenced operations towards the last quarter of 2021. Like any new startup, there were many new challenges to be faced.

Board of Directors for HealthSafe Pte Ltd		
Mr Henry Tan	Chairman	
Mr Chew Ghim Bok	Member	
Dr Gong Ing San	Member	
Ms Katherine See Mee Lee	Member	
Mr Wong Kwai Wah	Member	

Mr Michael Pang was appointed to manage the business development. Michael has been in the medical rehabilitation equipment business since 1990.

Honorary Treasurer's Report

2.1 Policy

The compliance to Financial Reporting Standards in Singapore (FRS) and the related interpretations to FRS as issued by the Singapore Accounting Standards Council was adopted for the financial year FY2021/22.

2.2 Reserves

The total assets of FRCS as of 30 June 2022 increased to \$12.188 million from \$11.093 million primarily due to overall increase of \$0.923 million in donation efforts especially general donation and the programme funds. This has directly increased the total funds in our Foundation to \$11.033 million from \$10.563 million. The total Fund comprised of Unrestricted Funds of \$0.499 million and Restricted Funds of \$10.533 million. The current unrestricted reserve of FRCS against the total expenditure is 0.12.

During the year, fixed deposit remained the most appropriate form of investment for the cash as recommended by the Board of Directors.

The net surplus for the current year was 0.470 million which was lower than the preceding year of 1.648 million.

Total Grants received from the various Government bodies were \$3.562 million which was lower by \$0.338 million from the last financial year's Grants of \$3.900 million.

2.3 Income and Expenditure

The Income for the current year was \$4.715 million, an increase of \$0.117 million from the previous Income of \$4.597 million. The net surplus for the current year was \$0.470 million which was a decrease of \$1.178 million from the previous year's net surplus of \$1.648 million. Total Grant Income for the current year was \$3.562 million which was \$0.338 million lower than the previous year's Grant Income of \$3.900 million.

Total expenditure increased to \$4.245 million from \$2.949 million which was within expectations. The primary reason for this was the commencement of operations at the FRCS Eldercare and Caregivers Centre. Compared with the previous year, total staff costs were higher by \$0.554 million at \$2.710 million. FRCS Family Service Centre activities were mainly funded by both the government and FRCS.

The Year Ahead

Expenditure Plans

FRCS does not foresee any substantial increase in its expenditure for the next financial year.

Programmes

FRCS FSC is planning an Open House cum Community Carnival event in Q1 of 2023. During this event, we will be disbursing our SuperSTUDENTS! bursaries to school-going children from our low-income families. We have also started efforts to ramp up our capabilities in counselling, psychotherapy and mental health and will be rolling up new services in these focused areas to complement our existing case management framework.

FRCS Eldercare & Caregivers Centre (ECC) will continue with its current programmes that were rolled out this year. It will work on variations to reach a wider audience. ECC has plans to expand the reach out to benefit a larger group of silver agers and caregivers.

FRCS Learning Centre will continue to provide courses for the silver generation in its partnership with C3A and National Silver Academy. It will participate in the NSA Hybrid Roadshow with a 1-day onsite event, followed by a Virtual Roadshow in October.

The Learning Centre will work towards expanding the WSQ courses that it presently offers.

Fundraising Activity	Target Amount
Flag Day 2023	\$50,000
Calendar 2023	\$30,000
Gala Dinner	\$125,000
Charity Movie	\$16,000
Spirit of Giving	\$70,000
SSO-FRCS Joint Fundraising 2023	\$100,000
Online & E-giving	\$9,000
ECC Naming Rights	\$250,000
Total	\$650,000

Fundraising Plans

Strategic Planning

FRCS plans to hold its Strategic Planning Workshop in November 2022 as a follow-up to the Strategic Planning Workshop held in April 2019.

Committee Reports



3.1 Fundraising Committee

Chaired by Dr Gong Ing Sang, the Fundraising Committee has driven key projects to raise funds that will support the programmes at the FRCS Eldercare and Caregivers Centre (FRCS ECC), Youth-at-Risk, as well as the funding and implementation of service projects by Rotary Clubs, Interact and Rotaract Clubs in Singapore.

Please refer to the audited financial statements for donation amounts received and expenses incurred.

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Hello, 2022: Calendar Project

Pages highlighting our service centres, some of our initiatives, and community efforts carried out by Rotary Clubs in Singapore can be found in the FRCS Calendar 2022.

Special thanks to Dr. Yap Lip Kee for the use of his copyrighted photographs, and artistic input in the design of the calendar.

SSO-FRCS Joint Fundraising Concert: Serenades with Andrew Litton & Chloë Hanslip



On 25th February 2022, we held our inaugural SSO-FRCS Joint Fundraising Concert with the Singapore Symphony Orchestra (SSO) graced by Mayor Low Yen Ling. It was a celebration of peace as Rotarians commemorated World Peace and Understanding Day in the same week. In the spirit of love and appreciation, the proceeds will help our FRCS Eldercare & Caregivers Centre in supporting our senior citizens, as well as allow the SSO to continue bringing memorable musical experiences to the community.



(Left to right) Ms Elsie Chua, Mr Chew Ghim Bok, Mayor Low Yen Ling, Mr Yeo Chuen Eng, Mr Wong Kwai Wah, Dr Gong Ing San

Marking the end of our first fundraising event with Singapore Symphony Orchestra, we had a cheque presentation ceremony where Mr Chew Ghim Bok (Chairman, Foundation of Rotary Clubs Singapore) presented the mock cheque to Mr Chng Hak-Peng (CEO, Singapore Symphony Group), representing the beneficiary. Tokens of appreciation were also presented to the lovely team at SSO. We look forward to making next year's concert a bigger success.

Mr Wong Kwai Wah and Mr Chew Ghim Bok having a conversation with Mr Chng Hak-Peng (CEO, SSG)

Flag Day 2022



The Foundation of Rotary Clubs Singapore (FRCS) has been allotted 16 April 2022 to conduct a Flag Day. The pandemic has made it more challenging than ever to raise funds for our Flag Day.

Due to Covid and Safe Distancing measures we were not able to conduct street collections of cash with coin bags, hence we used online donation methods to collect funds for this campaign.

3.2 House Committee

Spirit of Giving: Whisky Cask Project



The Spirit of Giving: Whisky Cask project was started in 2020 to commemorate the opening of Rotary House located at the FRCS Headquarters. District Governor RY2020-2021 Rajamohan Munisamy & Leonica Brocal donated towards the purchase of the Single Malt Whisky Casks. The whisky was given to donors in recognition of their donations towards FRCS's charitable causes.

3.3 Fellowship Committee

We aim to bring Singaporean Rotarians together by organising social events and activities. For the year, the committee organised the following:

HPV & You: Debunking the Myths of HPV



On 26th October 2021, our speakers - Dr Grace Huang and Dr Jonathon Chong from DTAP Clinic spoke on how HPV (human papillomavirus) can affect us. Attendees understood what HPV is, why it is important for Men to know about HPV, HPV in women, cervical cancer & pap smear, and how HPV affects children.

Wine Appreciation Class



Our second series Wine Appreciation Class was held on 30th December 2021, led by Rotarian PP Paul Keng. He has generously sponsored the wine and glasses. Everyone who attended gained more knowledge about different types of wine and their food pairings, and enjoyed the wine and fellowship thereafter.

Blood Donation Drive



On 1st April 2022, we partnered with the Singapore Red Cross on our first ever Blood Donation Drive, doing our part for the community.

Get-To-Gather Karaoke Night

This event was well received, all attendees had a great time. We had a good buffet spread, plenty of drinks, dancing, singing, great conversation and fellowship. Many are looking forward to the next karaoke night.


3.4 Marketing & Communications Committee

FRCS Website Revamp



The FRCS website underwent a refresh to better reflect the Rotary brand in Singapore, improve the user interface and experience, highlight the Foundation's service centres and fundraising activities, as well as to introduce credit card donations which are pivotal in our progress towards digitalisation. One-time credit card donations can now be made through our website's donation page, and Monthly donations will soon be made available. We engaged the wonderful team from That's IT and Techzu for this redevelopment. The project was driven by Rose Yap, who is in charge of digital marketing and communications at FRCS. She was supported by the Committee's Chairman, Mr Heinrich Grafe and Vice-Chairman, Ms Elsie Chua, along with Mr Wong Kwai Wah. The new website officially went live in March 2022.

Scan to visit frcs.sg



Social Media Efforts

To expand our digital reach, we are increasing our Social Media efforts by promoting our fundraising campaigns and latest activities on various platforms. We currently have 449 followers on Facebook, 891 followers on Instagram, and 113 followers on LinkedIn.

3.5 Funds Admin Committee

Education Fund Rotary Club of Changi



The RC Changi Tan Leong Teck Education Fund provides bursaries to financially challenged students who show good character and academics. This will help the students with their educational and/or living expenses and encourage them to excel. No student should be denied an education because of financial constraints.

Rotary-ITE Student Excellence Award Fund Rotary Club of Bugis Junction





The Rotary-ITE Student Excellence Award is a project initiated by the Rotary Club of Bugis Junction (RCBJ) since 1998. It is given to recognize outstanding ITE students who demonstrate all round excellence in academics, leadership, personal conduct and service to community. The purpose is to promote and imbue the importance of striving for excellence during their vocational training and in future work.

A tea session was held at ITE on 7 Nov 2021 and the awards were presented by CP Allan Yap. The awardees were also recognized during RCBJ's 25th Anniversary and Installation held virtually on 27 Nov 2021.

Share-a-Pot @ HOME Rotary Club of Singapore



Share-a-Pot brings seniors out of their homes into the community to share a pot of nutritious high protein soup and to engage in physical exercises together as a group, breaking social isolation, building community bonds, strengthening physical conditioning and optimal nutrition.

However, the pandemic has put an abrupt stop to the program in the past year, leading to even greater social isolation and consequently negatively impacting mental and physical health. The Rotary Club of Singapore has partnered with Yishun Health's community health program, Share-a-Pot, as our Major Project for the RY 2021-22. The project seeks to pandemic-proof the program. Called Share-a-Pot @ HOME, this project seeks to bring the program to the beneficiaries to their homes while abiding by safe management measures.



Fundraising was completed within the first six months of the Rotary Year 2021/22. A total of \$112,522 was collected to convert the existing 32 physical sites into home-based ones. Through our partnership with Foundation of Rotary Clubs Singapore (FRCS), we are thankful for ToteBoard's matching of \$45,008.80.

In March 2022, a new Rotary Club of Singapore Share-a-pot site was started at the FRCS Eldercare and Caregivers Centre (FRCS ECC). This is currently taking place every Tuesday morning where a group of volunteers are engaging elderly residents in the neighbourhood with nutritious soup, exercise and bonding.

As we emerge from the pandemic, more in-centre activities will begin to take place, keeping the seniors healthy and engaged.

A Loaf of Love @ Teck Ghee Rotary Club of Singapore North







This ongoing community project of RCSN was carried out in partnership with Teck Ghee Community Club since I Oct 2015. This was upgraded to be a Foundation project from July 2017. The project aimed to distribute bread and grocery items on a weekly basis to 300 needy senior residents that reside in one-room HDB rental flats in the neighbourhood. They were shortlisted by the social welfare service of the Teck Ghee Community Club.

A donation campaign in partnership with FRCS in 2021 raised \$10,040. We would like to thank ToteBoard for the matching of \$4,016.

The distribution takes place every Wednesday from 2.45 pm. The needy residents would collect from the five distribution centres at the Teck Ghee Neighbourhood. Joining Rotarians includes members of public and Rotaractors from ITE College Central.

The Rotarians would help pack the food items into the plastic bags and help with the registration and distribution. Some Rotarians would go to the homes of those that have difficulties collecting from the centre. There are about 20 of them and are usually those that have mobility issues or are too frail to walk. These visits help the volunteers to enquire about their well being and gain a firsthand experience of the impact of this project on the community. The project usually ends around 3.45pm.

In appreciation for our Club's participation for this project, we were acknowledged at the Lunar New Year Dinner event by the Member of Parliament for the Teck Ghee Constituency for the past few years. This project also won the Rotary District 3310 Best Community Project – Merit RY 2018-19. It is also featured in the Rotarian magazine which has a global circulation of more than I million readers.

Healthcare Rotary E-Club of 3310



Celebrating our Healthcare Heroes

To acknowledge and appreciate the relentless efforts of our nurses towards our nation building, their contribution is an integral and very important pillar of Singapore's progress. Project Chair, Rotarian Gabrielle Guo of Rotary E-Club 3310, with the collective efforts of 23 Rotary Clubs in Singapore and Rotaract Club of NUS, we offered 33,000 Gerber Daisies to 79 Hospitals and healthcare institutions in the public and private sectors. The virtual performance concert 2021 drew participants from our District and our neighbours. We raised funds for nursing students from low income families studying at the National University of Singapore's Alice Lee Centre for Nursing Studies (ALCNS). The funds raised benefit ALCNS Students Bursary Fund to help 2 to 3 students. The project received the District Best Vocational Service Project (Bronze Award) from DG Dolly Yeap for RY 2021-22.



Breakthrough in Learning Difficulties - Irlen Method

As part of Rotary's commitment to serve to change lives, Rotary E-Club of 3310 has invited the partnership of Spectra Secondary School to embark on a project with the use of Irlen Lens to treat students with Visual Processing Disorder (Irlen Syndrome), a neurological disorder where the brain has difficulty processing certain wavelengths of light.

Irlen Syndrome can be treated with the use of Irlen lenses which filter out the wavelengths of light that stress the brain. This alleviates the symptoms of Visual Processing Disorder, enabling the individuals to process visual information more accurately and comfortably.

To date we have sponsored 11 students from Assumption Secondary School and Spectra Secondary School with Irlen lenses at a cost of \$500 each. We are targeting 50 lenses for 2022.

This project was also recognized during the District Conference and received the District Community Service Project (Merit).

Education Project Starfish



FRCS Special Projects Committee with Project Starfish's teacher volunteers

Project Starfish is a volunteer-run tuition program for youths who are withdrawn from formal school. Project Starfish runs free classes every Monday, from 9.30am - 1.30pm at the Foundation of Rotary Clubs Singapore (FRCS) Learning Centre in Peninsula Plaza. At the end of the program, the students sit for the N(T)-level examinations, which will enable them to pursue their studies at academic or vocational institutions such as ITE.

FRCS has been an avid supporter of Project Starfish from 2019, we helped them register as a society in 2020, as well as providing them with a spacious and well-equipped classroom to run the program. We have an army of Rotary members in our committee who are dedicated to raising funds for the Project Starfish organisation.



Black-and-White themed graduation ceremony in March of 2022



Students and teachers from the Starfish project

This year, a total of 53 students were accepted. The organisation have also grown into a loving community of over 20 committed volunteers. They help with tutoring, planning, administrative work, fundraising and research.

We are heartened to say that 7 of the graduated students have returned to Project Starfish as volunteers, 2 of which are regular teaching facilitators.



Rotary Happiness Fund 2021 - 2022

The Rotary Happiness Fund, established by the Rotary Club of Jurong Town, focuses on developing Youth leadership and bonding with needy Elderly in Singapore. It is now managed and promoted by FRCS especially for Rotary, Rotaract and Interact Youth driven intergenerational projects.



X'mas Event

In December, the Rotaract Club of Singapore held a X'mas Event for 25 elderly residents of Ling Kwang Home. They watched comedy videos to reminisce about the old days and participated actively in a colouring contest and lucky draw segment.

SA Deaf & Terrarium Making Workshop

In March, the Rotaract Club of Singapore – in collaboration with Party Mojo, SIT Sign Language Club and SA Deaf – arranged an hour of mini games over zoom with 15 beneficiaries from SA Deaf with the aid of translator and facilitators from SIT Sign Language Club. This was followed by another hour of terrarium workshop where participants get to be creative in setting up and decorating their very own terrarium.





Walk in Nature with Seniors

In May, when restrictions had eased sufficiently, the Rotaract Club of Singapore organised a Walk in Nature with Seniors where Rotaractors and 11 seniors aged between 60 -75 from the Orange Valley Senior Activity Centre were taken for a short tour at Marsiling Park. This was to encourage seniors to stay active and connected to society.

We look forward to restrictions easing further in the new year and that all the Rotary Clubs in Singapore positively encourage their youth organisations to undertake many Intergenerational projects and to make much more use of the support of the Rotary Happiness Fund in the coming year.

Our Centres



FRCS Family Service Centre

Full details of the FSC's case statistics, activities, and programmes, as well as other key highlights and achievements for the year under review can be found in its Annual Report for Financial Year 2021/2022. The FSC's annual report, prepared by the staff team, is enclosed with this Report. The online version can also be viewed on the FRCS FSC's website at www.frcsfsc.sg.

Impacting Individuals and Families

Between I April 2021 and 31 March 2022, FRCS FSC managed 763 cases. While cases with mainly financial and subsistence needs remained as the top presenting issue managed by the FSC, other cases with presenting concerns of emotional needs, shelter and accommodation, and family violence were also on the increase.

Making an Impact for the Community

As a member of the Clementi Family Violence Working Groups and the Police Training Work Group, the FSC was one of the facilitators to train police first responders to identify, manage risks, engage, and support victims of family violence more effectively.

In May 2022, the FSC was invited by Muslim Converts' Association of Singapore to give a virtual talk on dealing with domestic violence. The FSC shared about impacts of family violence, the available avenues for help and how the community can play its part to address violence at home.

For the period of 1 April 2021 to 31 March 2022, SG Cares Volunteer Centre @ Clementi operated by the FSC deployed more than 600 volunteers to support volunteering opportunities offered by the social service agencies within Clementi town. These volunteerism initiatives impacted more than 1,700 service users under the care of the various charity organisations.

Strengthening Partnerships with Rotary Clubs



Group photo with participants

Enhance Your Image

Over the financial year, the FSC continues to strengthen its partnership with Rotary Clubs in serving the community. Rotary Club of Suntec City organised an online talk targeting women – Enhance Your Image on 5 November 2021. 20 participants attended the talk to learn about colours and using the right colours in dressing to enhance their image. Rotary Club of Suntec City also canvassed for sponsorship from Lynk Artisan Pte Ltd, where participants each received a bottle of hand sanitizer infused with essential oil.

Go With the Flow





Rotarians and volunteers posing with the care packs before they commence the deliveries

Canvassing for community's support at FRCS FSC (Clementi)

The FSC partnered Rotary Clubs of Singapore East and Tanjong Pagar to be one of the collection points for members of the public to donate sanitary pads at the FSC's Clementi and West Coast offices. The initiative which started on 13 December 2021 is a collaboration between both Rotary Clubs and Go With the Flow Singapore, which has successfully garnered support from the community with more than 500 packets of sanitary products collected to date.

On 26 June 2022, Rotarians from Rotary Clubs of Singapore East, Tanjong Pagar, Queenstown and Singapore West as well as volunteers from SG Cares Volunteer Centre (VC) @ Clementi came together to pack the sanitary care packs which were then distributed to the FSC beneficiaries. The SG Cares VC @ Clementi also reached out to its community partners to share the care packs with more beneficiaries in need.

FRCS Learning Centre



FRCS Learning Centre carried out courses for seniors from August 2021 to March 2022, such as Keep your Money Safe, Decoupage Art, and Developing Powerful Youth Mentoring Skills. The courses were only resumed after the Covid-19 situation improved and seniors were more comfortable in attending face to face classes. We were also able to convert one of our face to face classes to one that could be carried out completely online. In collaboration with C3A and the National Silver Academy, our course on Keep Your Money Safe - Avoid Scams & Thefts on your Retirement Funds was subscribed by NEA (National Environment Agency) for all their staff who qualified. These resulted in 14 online classes conducted by Elsie Chua who curated and conducted this course for seniors for NEA during this period. This course which originally started as a half day workshop in 2019 was expanded to a full day course in 2020 before the Covid19 pandemic hit and is the first course that we converted into a e-learning platform successfully for seniors.

FRCS Eldercare & Caregivers Centre

Fostering Kampong Spirit



Mayor Low Yen Ling unveiling the plaque, marking the official launch of FRCS Eldercare and Caregivers Centre.

FRCS Eldercare & Caregivers Centre (FRCS ECC) celebrated its official opening on 25th June 2022. It is a division of the Foundation of Rotary Clubs (Singapore) Limited (FRCS). Since ECC's soft launch in January 2022, the centre's membership has been increasing. The Centre now has 130 registered members.

It will serve as the go-to-point for all seniors in the community for active ageing activities, social enhancement programmes, befriending opportunities and information for support care.

For caregivers, it is a place to seek information and education on caregiving, join support groups to share best practices, receive advice and find resources to aid their elderly who may need special care. Since March 2022, 10% of caregivers regularly participate in various activities at our centre, namely Muscle Fitness, Knowledge Sharing and Creative Programmes.

The Centre has since introduced programmes designed to improve physical, mental and intellectual well-being. Its aim is to enhance the well-being of elderly residents and their caregivers in Goodview Garden and Bukit Gombak to ensure they live healthier lives. Since April 2022, ECC has had a sign up rate of 75% by its members participating in the centre's weekly programmes. Amongst the programmes at ECC, 2 stand out and are frequently fully subscribed. They are 'Share a Pot' and 'Arts Class'. Family members report that their loved ones experienced new-found joy since participating in these programmes.

FRCS ECC aims to work with the 23 Rotary Clubs in Singapore with more than 800 members involved in community service and volunteer work.

ECC Koi Project



The Koi Project is an initiative that aims to promote opportunity for self-discovery and self-expression. Creative projects can be empowering because it is the process of creating, rather than the finished project, that provides a sense of accomplishment.



Fitness Activities

Regular exercise can help seniors stay independent and prevent many health problems that come with age. The ECC team combines flexibility and strength training, and incorporates fun into otherwise regular exercises.

FRCS ECC has also embarked on various partnerships and pilot programmes with several Rotary Clubs and community partners such as National University of Singapore and National Library Board. As Singapore's population is ageing, there is a need to ensure that seniors have a place in the community to enjoy an active lifestyle and receive support when needed.

Donor Acknowledgements

We thank the following donors for your generous contributions for the year as of 1st July 2021 - 30th June 2022:

B S Engineering Co Pte Ltd	KTRX Enterprise Pte Ltd
Bhushan Amit	Keith Wang
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